



Ride of the Month

The ride of the month goes to Deeanna Shidler for planning and implementing a new format for a ride.

For the last weekend in July, Deeanna planned a “Ride and Camp” experience. She would pick up riders’ tents and overnight bags at IDOT the evening prior to the ride and deliver them back to IDOT the evening following the ride. Two riders joined Deeanna, however, many others thought it was a unique concept, but were unable to ride. Charlie, Grover and Deeanna rode from IDOT Saturday morning, through Kincaid and by Sangchris Lake to Palmer and then to Pana for a ride of approximately 53 miles. The afternoon/evening entertainment consisted of going to the Butterfly House which houses only butterflies native to America, watching the Tour de France, going out to supper and allowing Deeanna’s cat to provide entertainment. On Saturday they left Deeanna’s at 6:30, had breakfast in Taylorville an hour later and were back at IDOT by 10:30. Thank you Deeanna for your wonderful planning on this ride.

Almost Anything Award

At the August Board Meeting, as the nominations were read, it was decided that many of them should be printed and none singled out as a specific winner for the month.

This AAA is taken from nominations by Marty Celnick and Cathy Yeaman. Marty nominated both Cathy and Mary Lou Hicks. Cathy nominated Mary Lou. The accident happened on the July 8th ride. Those injured were Micci Bly, Bob Sorenson and Tom Murphy. Cathy immediately used her cell phone and requested that Mary Lou help. Mary Lou dropped what she was doing, drove her van to the accident scene and transported Micci to the Emergency Room. Later in the day, she delivered Micci’s bike to her home. Thankfully, all of the riders had road rash, bumps and bruises, but no broken bones. To quote Marty: “In bicycling, or any sport where there is a risk of injury, knowing what to do in an emergency can be a valuable tool. Cathy and Mary Lou definitely had what it takes.”

(For the remaining nominations, see page 2).

Lead Water Bottle

There is no Lead Water Bottle winner this month.

Riders of the Month

7/07 Marty Celnick, 1111 mi.	3/07 Cathy Yeaman, 1077 mi.	11/06 Lance Kidd, 547 mi.
6/07 Grover Everett, 1203 mi.	2/07 Rob Brokaw, 221 mi.	10/06 Alan Whitaker, 457 mi.
5/07 Charlie Witsman, 1323 mi.	1/07 Lisa Kidd, 410 mi.	9/06 Lisa Kidd, 728 mi.
4/07 Tom Murphy, 889 mi.	12/06 Kathy Shepard, 319 mi.	8/06 Bill Bock, 759 mi.

Nominations for Almost Anything Award

(continued from front page)

The following is a direct quote from Cindy Kvamme's nomination regarding the ride on July 14th:

"Just after we passed Mansion Road on this morning's ride a herd of horses suddenly ran out onto the road and fortunately ran away from us. As we approached the farm Bob Carmody could see where the horses had broken down the fence and escaped. He went up to the owner and let him know but by this time the horses were well down the road and the owner went for reinforcements. We started down the road after them, Connie Roberts and I weren't wanting to catch them but Bob was on a roll. Bob flew by them so fast, don't let anyone tell you that a bike isn't faster than a horse, that the leader of the pack was stunned and confused into momentarily turning back towards the barn. With Bob sitting at the top of the next hill, a slight deterrent, Tracey Hurley was able to get around the horses and very quietly, none of the yeehaw stuff, you know that kind of quiet click click when you want the horses to go slowly not to stampede, and get them moving toward home. That was the end of the story except that the owner, now on a motorcycle, is coming down toward us and the horses. I'm thinking he is going to stampede them toward us again and getting run over by a herd of horses has to be worse than a dog bite anyday. That's my story and I'm sticking to it. I nominate Bob Carmody and Tracy Hurley."

Curt Evoy had the following nomination for Tom and Marge Pearson: "Tom and Marge Pearson, Terri Nelson's parents, gave up a quiet weekend at home to drive members of Team Krazy Fokker across the state of Iowa to ride RAGBRAI. Along the way, Marge listened to stories of RAGBRAI'S past, both fact and fiction. Tom, the driver, did an excellent job of driving and successfully got all members to Rock Rapids, IA, for the start of the ride."

I (Sue Hack) nominated Alan and Harriet Josephson for caring for me following my bicycle accident in Traverse City, Michigan. While riding my usual 9 or 10 mph on the TART trail overlooking the beautiful Grand Traverse Bay, a teenager, not looking where she was going, ran into the trail and collided with me. Alan and Harriet were wonderful through the ambulance ride, Emergency Room, surgery, two day hospital stay and the remaining five days of the vacation. They helped deal with hospital/insurance red tape and were so supportive every step of the way. I offer a grateful thank you to them.

Alan Josephson nominated Susan Hack: "On the Michigan trip she went down on a bike trail after a teenage girl ran into her. Sue broke her hip but had such a positive attitude throughout the hospitalization that she decided to continue with the group on the biking trip. We did have alternative plans to get her home! To me this showed an amazing spirit and determination in spite of adversity. She adapted to the situation and did remarkably!"

President's Report

September 2007

September is a big month for the SBC. Our annual Capital City Century ride is scheduled for September 9; a large number of Club members are involved in the planning and execution of the Century. Many thanks to Roger McCredie for his hard work as Special Events chair in coordinating the Century this year.

At the Board meeting on Tuesday, September 4, we will be electing Board members to serve the Club in the coming year. This will also be our annual membership meeting; everyone is invited. The following Club members have agreed to serve on the Board for the next year:

President: Dave Ross
Vice President: David McDivitt
Membership Secretary: Ken Anderson
Recording Secretary: Kevin Greene
Treasurer: Dave Lucas
Special Events: Tom Clark
Social Chair: Tracey Hurley
Legislative / Educational Chair: Lynn Miller
Incentive Chair: Alan Whitaker
Records: Karl Kohlrus
Quick Release Editors: Marty Celnick and Tom Clark
At Large Members: Naomi Greene and Tom Murphy

Club members who served on the Board during the past year and will now be on hiatus include Connie Roberts, Roger McCredie, Sue Hack, Kevin Brown, and Aaron Shehan. If you see any of these folks, be sure to thank them for their service.

See you on the road!

Thank You



Thank you to the Springfield Bicycle Club members for your cards, calls, flowers and support following my bicycling accident in July. Your concern was certainly appreciated.

I'm doing just fine with my walker and hope to be back on my bicycle soon.

--Sue Hack

Board Meeting Notes— July 3, 2007

Connie Roberts, Recording Secretary

Attending: Dave Ross, David McDivitt, Ken Anderson, Dave Lucas, Roger McCredie, Tracey Hurley, Sue Hack, Marty Celnick, Tom Clark, Bill Donels, Connie Roberts.

Minutes from the June meeting were approved.

Treasurer's Report. Dave Lucas reported that we have a balance of \$15,022.01 as of July 1, 2007.

Ride Schedule and Meetings. David McDivitt reported he is beginning to work on the ride schedule for August. The next board meeting is scheduled for August 8, 2007.

Awards. Sue Hack presided over the awards. The Ride of the Month was awarded to Lisa Kidd for her birthday ride to Ashland which had a very large turn out and great food afterwards. The Almost Anything Award had three nominees. Tom Clark's neighbor, Lynn Shanklin, for cooking all of the food for his ride on the stove after the grill would not work. The Tom Murphy family for working so hard on the post ride picnic they organized. Cathy Yeaman for winning a gold medal in the 40K race at the National Senior Olympics in Louisville, Kentucky. The award went to Cathy Yeaman. The Lead Water Bottle was awarded to Lisa Kidd for not planning and scouting out the route for her birthday ride and having a road that wasn't a road

on the map. She also receives the award for cutting through an area blocked off for a car show and having a woman chase her down the road yelling at her.

Legislative / Education. Bill Donels reported that Lynn Miller and himself have been working on an open house reception for the City Council, County Board, and the Park District. The reception will take place sometime during the month of August. Lynn Miller has put together an interesting report for LIB detailing what other states trail systems are doing and how Illinois is way behind.

Social Chair. Tracey Hurley reported that the picnic is this Sunday, July 8. Everything is ready except for the food. She sent 1 card this month.

Special Events. Roger McCredie reported he has planned a CCC meeting for the people helping him with the century for early August. Everything is on schedule for the CCC.

Quick Release. Marty Celnick reported that they had a few problems with the July QR. Tom Clark and Marty will continue to work with David McDivitt and try and iron out the problems.

Old Business. Dave Lucas reported that the EZ rides are still going along just fine.

Ken Anderson reported that he has been working with Curt Evoy on the directory. They just need a copy of the latest rules and bylaws and they should be able to get it put together and out very soon.

New Business. There was discussion about allowing the bike shops in the Springfield area to advertise on the web site. It was decided that all four area bike shops would be listed on the web site free of charge with the suggestion to patronize them.

Thanks to Dave Ross for getting the meeting room at Robert Morris College. The meeting was adjourned.

Next meeting: 7:30 p.m., Wednesday, August 8, 2007, at Robert Morris College, 3101 Montvale Drive.

Still Time to Volunteer for This Year's Century

By Roger McCredie

Volunteers are the most important part of the Springfield Bicycle Club. They are the ones who make weekend rides, holiday parties and the annual Capital City Century realities.

If you are new to the bike club or if it's been a while since you volunteered to help out one of the club's activities, think about signing on for the 35th annual Capital City Century on Sunday, September 9.

The more volunteers who show up, the less time each will have to work. There are many opportunities out there. If you've already volunteered, talk to your friends and encourage them to give several hours of their time during the CCC.

Join us in making this year's century the best ever.

Give me a call: Roger McCredie, 438-3959 (pjandroger(at)mwii.net).

Capital City Century

Sunday, September 9, 2007

Beach House, Lake Springfield

Springfield Historic Sites Tour

Saturday, September 8, 2007

Brochure & registration form available at:
www.spfldcycling.org/2007CCC.htm



September 2007 Ride Schedule

Be informed! Check the website www.spfldcycling.org regularly for announcements, error corrections, and last minute changes.

For questions about rides or interest in leading a ride contact David McDivitt at 725-1986 or by e-mail at [david\(at\)bikehappy.org](mailto:david(at)bikehappy.org). Report Show n Go and out of town ride mileage to Records Chair Karl Kohlrus. See Ride Rules at www.spfldcycling.org for details. **Daytime rides go as indicated except on holidays.** Contact David McDivitt with questions or suggestions for Friday night events.

If you enjoy club rides, please do your part and volunteer to lead one on occasion. Help is provided.

Weekday & Weekend Daytime Rides		<i>Check the start times!</i>
Monday thru Friday 9:00 am	Morning Geezer Ride Washington Park Shelter Dave Ross, 789-4823	Show-N-Go, Daily morning ride for retired geezers or those hoping to become geezers. No leader, no map. Participating riders should turn miles in to Karl Kohlrus.
Monday thru Friday 10:00 am	Daily Pana Trail Ride Lake Taylorville parking lot, Rt 29 Show-N-Go	Show-N-Go along the Lincoln Heritage Trail. Turn miles into Karl.
Mon, Wed, Fri Noon	IDOT, Lost Bridge Trail Dirksen Parkway Lisa Kidd, 546-1698	AB - Lunch with Lisa Ride. Lisa leads the noon trail ride. Skip lunch and ride on the trail with Lisa and other SBC regulars.
Monday thru Friday 12:15 / 12:20	Robert Morris College, Vredenburg Park Dave Ross 793-4239 Robert LaBonte 787-0237	BC - West side Lunch Ride. Dave and Robert lead a ride on the trails or in the country. If they can't make it, this becomes a show-n-go. Dave leaves Robert Morris at 12:15, pick up Robert and others at Vredenburg Park at 12:20.
Sunday 9:00 am	Wabash Trail East end parking lot Park St & Wabash Ave David Lucas, 753-3831	EZ - Slow easy ride 15-20 miles. No ride Sunday 9/9. Ride the CCC instead!
Weekday & Weekend Evening Rides		<i>Check the start times!</i>
Monday 5:45 pm	Parkway Point Theater Lindbergh & Robbins Road Lyn Schollett, 689-9446	ABCD - Many show up on this favorite ride, usually someone will ride your speed. 10 - 23 miles, or more! We will have this ride on Labor Day!
Monday, Tuesday, Wednesday & Thursday 6:00 pm	Pana Trail Lake Taylorville Parking Lot, Rt 29 Show-N-Go Charles Witsman, 562-5208	Show-N-Go, Ride on the Lincoln Heritage Trail. Lights are required. Turn in miles to Karl. Call Charlie if you need information about trail conditions or directions.
Tuesday 5:45 pm	Schlitt Park, directly south of Owen Marsh School, 1100 Avon Drive Dave Lucas, 753-3831	EZ - Ten easy miles at a slow and relaxed pace through low traffic neighborhoods.
Tuesday 5:45 pm	Rotary Park Archer Elevator & Iles Tracey Hurley, 546-2750	ABC - West side training ride. Aimed at those who want to train hard and fast. 12 - 25 miles.
Tuesday & Thursday 5:30 pm	IDOT, Lost Bridge Trail Dirksen Parkway Show-N-Go	BC - Show-N-Go along the Lost Bridge Trail. Turn miles in to Karl.
Wednesday 6:00 pm	Butler School 1701 S MacArthur Blvd Show-N-Go	D - This is an easy, neighborhood social ride. No maps, everyone will stay together for a ride of about 1 hour. Turn miles in to Karl.
Wednesday 6:10 pm	WheelFast Bicycle Co. 20 Cottonwood Dr, Chatham Matt Saner 483-7807	BC - Intermediate training ride. Meet at the shop and plan on 20 miles. Ride to the ride for extra miles!
Thursday 5:45 pm	Rotary Park Archer Elevator & Iles Show & Go	ABC - A fast workout to prepare for longer weekend rides. D riders are invited to stretch their abilities, but may be riding alone unless they bring a buddy. Several cut-offs for 12 - 25 miles.

Saturdays 9:00 pm	Vredenburg Park Saxon Dr & Crusaders Rd Show-N-Go	Show-N-Go, Nighthawk Ride , Lights required. No leader and no map.
Scheduled Rides and Events		<i>Check the start times!</i>
Saturday September 1 9:00 am	IDOT, Lost Bridge Trail Dirksen Parkway Show-N-Go	ABCD - Ride with your friends wherever you want! Please use a ride sheet if possible. Turn in miles to Karl.
Sunday September 2 9:00 am	Vredenburg Park Saxon Dr & Crusaders Rd Jim Disney, 793-9349	ABCD - Jim has 30 miles planned.
Sunday September 2 4:00 pm	Brew-Bakers Caffe 1941 W Iles Show-N-Go	Show-N-Go - Have a nice summer ride followed by treats.
Monday September 3 9:00 am	Waldrop Park Andrew Road, Sherman Karl Kohlrus, 544-8410	ABCD - Karl says 30-50 miles, to Athens or Mt. Pulaski.
Tuesday September 4 7:30 pm	Robert Morris College, room L07 3101 Montvale Dr Dave Ross, 789-4823	NC - Board Meeting . All SBC members are invited to attend board meetings.
Wednesday September 5 6:00 pm	New City Church New City & Pawnee New City Steve Schien, 629-9210	AB - Time trials. Here's a chance to test your skills in timed riding. Participants will go south on Pawnee New City Rd. for this 11-mile out-and-back ride. Helmets required.
Friday September 7 8:30 am	D & J Cafe 915 W. Laurel St	NC - Join SBC members for breakfast and try to stay for the Geezer bike ride at 9:00 am.
Friday September 7 6:00 pm	Mekong Cafe 1308 S 2nd Street Show-N-Go	Show-N-Go - Meet and ride in the neighborhood for an hour. Eat at 7pm. new restaurant
Saturday September 8 9:00 am	Waldrop Park Andrew Road, Sherman Alan Josephson, 793-0590	ABCD - Alan said we will go 27 to 50+ miles somewhere in one or more counties!
Saturday September 8 all day	Residence 76 Country Place Dara Voss, 793-0570, 553-1734	NC - CCC Baked Goods Drop Off . Those fresh baked homemade goodies are what separates this ride from others. Bake some muffins or cookies and drop them off at Dara's for the ride on Sunday. To get to her house take Toronto Rd east from I-55 0.63 miles to Cotton Hill Rd, go north 0.5 miles to Roosevelt Rd, then go east to Country Place
Sunday September 9 9:00 am	Beach House Center Park, Lake Springfield Roger McCredie, 438-3959	ABCD - Capital City Century . There will be routes of 12, 25, 40, 62 and 100 miles. Registration beings at 6:30 AM. SAG service, rest stops with refreshments and post peddlin' lunch are included in the registration fee.
Tuesday September 11 8:00 am	Beach House Center Park, Lake Springfield Show-N-Go	Show-N-Go - Volunteer Appreciation Ride #1. If you missed riding the Century because you volunteered to work (thanks by the way!) now is your chance to try the route. No leader. Contact Roger if you need a map. Note the 8am start time.
Friday September 14 6:00 pm	Azteca Mexican Grill 2753 Chatham Rd (by Schnucks) Show-N-Go	Show-N-Go - Meet and ride in the neighborhood for an hour. Eat at 7pm.
Saturday September 15 8:00 am	Beach House Center Park, Lake Springfield Show-N-Go	Show-N-Go - Volunteer Appreciation Ride #2 . If you missed riding the Century because you volunteered to work (thanks by the way!) you have another chance to try the route. ALL club members may participate in this Show-N-Go, as there is no other daytime club ride today. No leader . contact Roger if you need a map. Note the 8am start time.
Sunday September 16 9:00 am	Vredenburg Park Saxon Dr & Crusaders Rd Tom Murphy, 725-6539	ABCD - Tom has 30-50 miles planned for us.
Sunday September 16 4:00 pm	Culvers Frozen Custard 4400 Wabash Avenue Alan Josephson, 793-0590	EZ - One hour Cobblestone neighborhood EZ ride, followed by ice cream!

Wednesday September 19 6:00 pm	New City Church New City & Pawnee New City Steve Schien, 629-9210	AB - Time trials. Here's a chance to test your skills in timed riding. Participants will go south on Pawnee New City Rd. for this 11-mile out-and-back ride. Helmets required.
Friday September 21 6:00 pm	Hunan Chinese Restaurant 1101 W. Wabash Show-N-Go	Show-N-Go - Meet and ride in the neighborhood for an hour. Eat at 7pm.
Saturday September 22 9:00 am	Residence 1 Hickory Hills Dr Tracey Hurley, 414-8900	ABCD - Fall Cookout . Ride to New Salem for 42 miles or Salisbury for 22 miles followed by cookout. Directions: Hwy 97 (Jefferson) west 1.1 miles to Hazlett Rd, go north 1.32 miles to Hickory Hills, and continue going straight north to 1 Hickory Hills.
Sunday September 23 9:00 am	Harmon's IGA Hwy 4, Chatham Cathy Yeaman, 483-4912	ABCD - Five County Ride . Go 45 miles, 66 miles, or take a shorter option.
Sunday September 23 4:00 pm	Baskin-Robbins Laurel & MacArthur Show-N-Go	Show-N-Go - One hour ride in the neighborhood followed by ice cream.
Wednesday September 26 9:00 pm	IDOT, Lost Bridge Trail Dirksen Parkway Dave Lucas, 753-3831	EZ - Full Moon Ride . Go 10 miles at a relaxed pace on the Lost Bridge Trail under the light of the Harvest Moon. Head and tail lights required. Moon pies will be provided after the ride. Don't miss this fun ride and tasty treat.
Friday September 28 6:00 pm	Amber Jack Alehouse 3150 Chatham Road Kevin Brown, 787-5652	Show-N-Go - Installation Dinner . Walk or ride for an hour then meet back at the restaurant. Everyone is invited to thank the previous year's board and meet the new board. Eat at 7pm . At the restaurant ask for the party name "bike club". Please RSVP to Kevin by Thursday the 26th.
Saturday September 29 9:00 am	Rotary Park Archer Elevator & Iles Lance Kidd, 546-1698	ABCD - Lance will take us 50 or so miles. Maybe the corn will all be gone and we can see open fields again!
Sunday September 30 9:00 am	Vredenburg Park Saxon Dr & Crusaders Rd David Drennan, 725-6999	ABCD - First time leader! Yippee! Let's give him a hard time! David plans to go through both Loami and Auburn for 49 miles or so, with a shorter route of 27.
Sunday September 30 4:00 pm	Culvers Frozen Custard 2540 N. Dirksen Pkwy Show-N-Go	EZ - One hour Cobblestone neighborhood EZ ride, followed by ice cream!

Ride Types

- A** Speed 18+mph average
- B** Speed 15 to 18 mph average
- C** Speed 12 to 15 mph average
- D** Speed 8 to 12 average
- ER** Speed under 8 mph average, slow paced social group ride without map, usually neighborhood tour
- EZ** Easy ride with no given speed
- NC** Non cycling event, but to/from miles still count
- MB** Suitable for mountain and all terrain bikes
- Show-N-Go** No ride leader, no speed specified, ride on your own and turn in miles to the Club Records Keeper

Secretary's Report

Ken Anderson, Secretary

Renewals

Judy Shipp
 Deb Cooper
 Dennis Keithley
 Derek Ewing & Family
 Libby Pyle
 Edward Cunningham
 David Stjern
 Jon Halterman
 Aaron Shehan
 Cathy Yeaman & Mary Lou Hicks
 Cris Martin
 Brenda Michel
 Steve Lashbrook
 Grover Everett
 Dan Payne
 Dorothy Hosto
 Blake Scranton
 Kedra Elston & Family
 Armand Tippet

Renewals at the Contributing Level

Angie Gum
 Charles Witsman
 Pete Gudmundson
 David Banks
 Curt Evoy
 Susan Hack

Renewals at the Sustaining Level

Stan Gralnick & Laurel Garber
 Lynn Miller

New Members

John Katalinich & Family
 Larry Pemberton
 Becky & Stephen Jennison & Family
 Colin Haley
 Carlos Mellado
 Allen Vieira
 Roger Schlichting
 Kate Kanaley Miller
 Bob Lanser
 Jeffrey Parrish

Thanks to all for your support of the SBC and bicycling!! Ride safe!!

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

Volunteer Hours

By Sue Hack
 Incentive Chairperson

As you're saying all those "yesses" when asked to help with different aspects of this year's CCC ride, remember to keep track of the hours you're volunteering.

When November rolls around, you'll be asked to turn in your number of volunteer hours to the incentive chairperson for entry into the prize drawings at the Holiday Party. You may turn your hours in at any time, you don't have to wait until November. It is **your** responsibility to turn in your hours.

SBC Members Ride RAGBRAI 2007

Each July, a number of SBC members ride the weeklong Register's Annual Great Bicycle Ride Across Iowa . Here are a few member photos from this year's RAGBRAI.

Alan Whitaker, Curt Evoy, Terri Nelson, and Jerry Ihnen in this year's start town, Rock Rapids, IA.
[photo: Alan Whitaker]



Kathy Shephard, Marty Celnick, Mark Smith, and Alan Whitaker pose by a breakfast line in Dundee, IA.
[photo: Alan Whitaker]

Tom Clark with the Big Kahuna, (Peter Hong, Mayor of Laurens, IA), and Island Princess.
[photo: Tom Clark]



Springfield Bicycle Club Mileage and Activity File

As of July 31 2007

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
Rob Brokaw	1,212		1,212	31	39.1			5,694	554	6,248	163	38.33		
Charlie Witsman	1,288	65	1,353	26	52.04			5,513	133	5,646	106	53.26		
Tom Murphy	1,233	134	1,367	32	42.72			5,082	333	5,415	158	34.27	1	3
Cathy Yeaman	778	82	860	18	47.78	1	3	4,965	214	5,179	110	47.08	2	6
Tom Clark	1,053	4	1,057	27	39.15			4,205	192	4,397	140	31.41	2	6
Mike Vonnahmen	923		923	30	30.77			4,005	4	4,009	126	31.82		
Marty Celnick	987	124	1,111	23	48.3	1	3	3,251	699	3,950	127	31.1	5	15
Pete Gudmundson	900		900	24	37.5			3,928		3,928	119	33.01		
Lisa Kidd	841	68	909	24	37.88			3,466	240	3,706	126	29.41		
Derek Ewing	970		970	20	48.5			3,571		3,571	103	34.67		
Karl Kohlrus	743	181	924	36	25.67			2,803	622	3,425	174	19.68		
Lance Kidd	803	68	871	22	39.59	1	3	3,093	232	3,325	105	31.67	2	6
Jack Hurley	378	123	501	9	55.67			2,884	374	3,258	76	42.87		
Curt Evoy	434	22	456	3	152			2,780	127	2,907	96	30.28	4	8
Grover Everett	1,066		1,066	28	38.07			2,836		2,836	73	38.85		
Alan Whitaker	881	100	981	18	54.5	1	3	2,421	295	2,716	78	34.82	2	6
Arden Gregory	740	113	853	21	40.62			2,214	452	2,666	65	41.02		
Bob Sorenson	565	92	657	16	41.06			2,270	374	2,644	80	33.05	1	3
Dave Ross	604	15	619	19	32.58			2,456	126	2,582	104	24.83	5	11
Janet Cooper	632		632	21	30.1			2,328		2,328	97	24		
Mark Summer	711		711	16	44.44			2,321		2,321	55	42.2		
Tracey Hurley	155	25	180	4	45	2	4	2,080	176	2,256	61	36.98	5	10
Roger McCredie	406		406	10	40.6			2,165	59	2,224	68	32.71		
Ruth Magos	547		547	15	36.47			2,182	31	2,213	63	35.13		
Marilyn Powell	127		127	5	25.4			2,091	60	2,151	81	26.56		
Alan Josephson	522	71	593	18	32.94			1,949	195	2,144	65	32.98	1	3
Dean Wisleder	440	30	470	22	21.36			2,110	30	2,140	104	20.58		
David McDivitt	404	82	486	13	37.38	1	3	1,789	317	2,106	65	32.4	2	6
Kathy Shepard	958	73	1,031	19	54.26			1,860	219	2,079	54	38.5		
Ken Anderson	738	65	803	22	36.5			1,693	335	2,028	54	37.56	1	1
Lynn Miller	534	8	542	11	49.27			1,816	51	1,867	52	35.9	1	3

Springfield Bicycle Club Mileage and Activity File As of July 31 2007

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
Pat Stephens	422		422	28	15.1			1,857		1,857	100	18.6		
Dave Lucas	417	35	452	33	13.7	8	13	1,711	127	1,838	131	14	14	23
Mark Smith	871	73	944	17	55.5			1,662	174	1,836	45	40.8		
Connie Roberts	565	2	567	20	28.4			1,740	18	1,758	55	32		
Robert LaBonte	464	26	490	17	28.8			1,696	58	1,754	75	23.4	7	16
Linda Butler	360		360	11	32.7			1,670	50	1,720	57	30.2	2	4
Kevin Greene	303	75	378	18	21	1	1	1,369	234	1,603	100	16	3	5
Bill Bock	500		500	13	38.5			1,577		1,577	40	39.4		
Cindy Kvamme	399		399	18	22.2	2	4	1,536	18	1,554	74	21	4	10
Carol Bock	537		537	14	38.4			1,540		1,540	40	38.5		
Mike Schwab	631		631	22	28.7			1,474	3	1,477	102	14.5	1	3
Jerry Ihnen	531	27	558	32	17.4			1,381	70	1,451	76	19.1		
Chuck Orwig	347		347	13	26.7			1,313	19	1,332	49	27.2	1	3
Charlie Rabins	571		571	23	24.8			1,327		1,327	56	23.7		
Bob Dettling	276	3	279	19	14.7			1,278	3	1,281	81	15.8		
Bob Carmody	201	6	207	7	29.6			1,142	15	1,157	44	26.3		
Ben Fox	321	2	323	17	19			1,140	4	1,144	47	24.3		
Byron Nesbitt	877		877	18	48.7			1,135		1,135	30	37.8		
P J McCredie	130		130	5	26			1,036		1,036	41	25.3		
Joel Johnson	168	68	236	4	59			659	325	984	20	49.2		
Ernie DeFrates	218		218	7	31.1	1	3	964	12	976	38	25.7	3	9
Jon Edwards	259	41	300	7	42.9			833	138	971	26	37.4		
Fred Bascom	190		190	6	31.7			963		963	39	24.7		
Sr Josepha Schaffer	99	16	115	3	38.3			933	19	952	35	27.2		
Rich Saal	68	15	83	2	41.5			547	212	759	29	26.2		
Sue Dees	166		166	9	18.4			729		729	39	18.7		
Dan Mitchell	58		58	1	58			675	24	699	17	41.1		
Mike Eymann	165		165	7	23.6			654	7	661	21	31.5		
Christa Morris	303		303	11	27.6			644		644	29	22.2		
Dan Payne	242	12	254	6	42.3			592	49	641	18	35.6		
Jim Hajek	207	21	228	11	20.7			585	49	634	35	18.1		

Springfield Bicycle Club Mileage and Activity File

As of July 31 2007

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
David Banks	190	24	214	5	42.8			592	34	626	16	39.13		
Deeana Shidler	243		243	8	30.4	2	6	554	1	555	18	30.8	3	9
Cindy Moreno	205		205	9	22.8			544		544	30	18.1		
Brock Webb	35		35	1	35			494	34	528	15	35.2		
Naomi Greene	117	4	121	7	17.3			461	47	508	33	15.4		
Brigitta Ewing	171	30	201	13	15.5			415	80	495	29	17.1		
Christine Kohlrus	33	12	45	1	45			364	96	460	15	30.7		
Cyd LaBonte	226		226	11	20.6			433	18	451	25	18		
Jan Cimarossa	60		60	2	30			433		433	16	27.1		
Micci Bly	112		112	2	56			423	2	425	10	42.5		
Leslie Bol	102		102	6	17			386	9	395	25	15.8		
Bruce Yurdin	245	44	289	5	57.8			350	44	394	8	49.3		
Michelle Cozadd	204	8	212	5	42.4			363	8	371	11	33.7		
Gerry Orwig	149	3	152	13	11.7			324	12	336	30	11.2		
Janet Bascom	41		41	2	20.5			303		303	15	20.2		
Lyn Schollett	132	6	138	6	23			268	27	295	14	21.1		
Cindy Tubbs	109	6	115	5	23			232	24	256	13	19.7		
Tracie Stephens	165		165	11	15			244		244	22	11.1		
Randy Germeraad	185	9	194	4	48.5			224	17	241	5	48.2		
Matt Saner	48		48	2	24	2	5	239		239	11	21.7	6	14
Jason Beeler	172	20	192	3	64			205	28	233	4	58.3		
Mary Lou Hicks	82		82	4	20.5			232		232	13	17.9		
Bill Voss	60	8	68	2	34			187	43	230	8	28.8		
Katie Weidner	54		54	2	27			204	16	220	9	24.4		
Brenda Reiling	69		69	3	23			206		206	10	20.6		
Kedra Elston	57		57	3	19			188		188	10	18.8	2	6
Dale Fagg	120	10	130	2	65			174	13	187	3	62.3		
Kent Kraft	99	14	113	2	56.5			164	21	185	4	46.3		
Charlie Downs	60		60	1	60			170	2	172	3	57.3		
Jon Halterman	60	26	86	1	86			113	47	160	2	80		
Marty Morris	17		17	1	17			152		152	7	21.7		
Deb Cooper	112		112	5	22.4			146		146	7	20.9		

Springfield Bicycle Club Mileage and Activity File

As of July 31 2007

NAME	MONTH							YEAR						
	RIDE	T/F	TO-TAL	RID ES	AVG RIDE	LED	LDR PTS	RIDE	T/F	TOTAL	RID ES	AVG RIDE	LED	LDR PTS
Jake McCulley	48		48	2	24	2	4	124		124	6	20.7	2	4
Kerry Wright	18	2	20	1	20			110	10	120	6	20		
Jim Disney	74	15	89	2	44.5			102	15	117	3	39	1	3
Judy Carmody	52	10	62	1	62			87	18	105	3	35		
Louie Spinner	20	6	26	1	26			72	16	88	4	22		
Roger Schnelten	38		38	1	38			70	10	80	2	40		
Hope Schnelten	38		38	1	38			77		77	3	25.7		
Mark Rolens	19	17	36	1	36			51	17	68	2	34		
Mary Loker	19	4	23	1	23			60	4	64	3	21.3		
Mike Elston	19		19	1	19			63		63	4	15.8		
Lisa Boes	37		37	1	37			62		62	2	31		
Larry Pemberton	37	7	44	2	22			37	7	44	2	22		
Ed Taylor	24		24	1	24			38	6	44	2	22		
Scott Cheffy	41		41	2	20.5			41		41	2	20.5		
Jeff Mitchell	33	2	35	1	35			33	2	35	1	35		
Julie Mitchell	33	2	35	1	35			33	2	35	1	35		
Mitch Mitchell	33	2	35	1	35			33	2	35	1	35		
Jeff Meyerhoff	34		34	1	34			34		34	1	34		
Sandy Anderson	32		32	2	16			32		32	2	16		
Dara Voss	32		32	1	32			32		32	1	32		
Lynn Woerner	31		31	1	31			31		31	1	31		
Keir Goatley	19	10	29	1	29			19	10	29	1	29		
Harriet Josephson	11		11	2	5.5			27		27	5	5.4		
Sue Hack	18		18	3	6			26		26	4	6.5		
Greg Lakebrink	19	6	25	1	25			19	6	25	1	25		
Stan Gralnick	22		22	1	22			22		22	1	22		
Sharon Stanley	22		22	1	22			22		22	1	22		
JoAmm Mumaw	19		19	1	19			19		19	1	19		
Carolyn Taft	19		19	1	19			19		19	1	19		
Pete Schunk	18		18	1	18			18		18	1	18		
Totals	38052	2274	40326	1207	33.41	25	55	147642	9123	156765	5356	29.27	83	196

September Memories

By Mike Becker

1972–35 Years Ago: The newly elected 1972-73 Board of Directors included Dick Bentley, President; Lynn Lard, Vice President; Harry Simpson, Secretary; Sue Nelson, Treasurer; and Dorothy Doering was Past President. Other chairs were Dave Johnson, Youth Representative; Terry Lindberg, Racing Coach; Frank McGowan, Racing Captain; Dorothy Doering, Racing Advisor; Patti Bird, Racing Co-Advisor. Notice the heavy emphasis on racing in the early days, as evidenced by the Board positions related to racing. Later, a split between racer and touring factions developed and then widened, which was nearly fatal to the SBC.

1977–30 Years Ago: At the September board meeting, the question of dues was discussed, resulting in a raise to \$6.00 single and \$10.00 family. This level stayed the same for over 10 years--a bargain then just as it is now. ++The Beginners Ride program which had been ambitiously started this year was abandoned because of lack of interest. President George Caldwell mused:

While we were trying to recognize the need for new riders to learn with others of their speed and ability, we seem to have forgotten that peer encouragement and pressure is one of the strongest inducements for development. Maybe there is no real answer to the common complaint that a club rides off and leaves visitors and new members...In hindsight the best beginner program is for you to Bring a friend and then ride with him [or her].

The Capital City Century began at the Old State Capitol Plaza in downtown Springfield, heading out to New Salem, a popular spot often used for this ride. The cost was \$3.50 for preregistration and \$5.00 on the day of the ride. A couple issues caused some anxiety among the organizers: Monroe Street, the road out of town, had just been closed, and Old Jack got a oil and rock job 2 days earlier which obliterated road markings. Things eventually got back to normal, and the rest of the ride went smoothly. ++Ken Alrutz, an SBC member from Lincoln, was killed on September 3 in a collision with a car while he was bicycling. The club instituted an annual spring metric in Lincoln in his memory, and the ride continued in his memory for many years.

1982–25 Years Ago: The Capital City Century set new records in attendance this year, just as it would for almost every succeeding year. This ride just keeps getting better and better. ++Speaking of the CCC, don't forget that most, if not all, cycling clubs put on a major event in September or October. Everyone should try to attend some of these rides. As was observed in 1982: "For those who haven't experienced this enjoyable ride [the Jacksonville Century], it has something that those of us accustomed to riding in Sangamon County might not recognize - scenery. In addition to numerous pig farms (good for improving your sprinting ability) there are crops other than corn and beans, rivers, trees, bluffs, and an occasional hill." The same may be said for every out of town ride that I can think of -- so do it.

1987–20 Years Ago: A then record of 352 registered for the CCC. ++The installation dinner

the new board featured “a supply of those highly caloric, overly-salted disgusting pieces of tasty saturated fat everyone seems to enjoy sufficiently enough to damage their long-term health as much as anything short of agricultural chemicals, the nuclear power industry, the Ronald Reagan mentality, and careless handling of motor vehicles and firearms.” Yum.

1992–15 Years Ago: A new record for the CCC: 527 riders! Unfortunately, the club lost one of its first aid kits. “It is either an all white or a two tone blue RubberMaid type of container. If you know of its whereabouts, please give Larry Small a call.” What a coincidence. Just today I lost a bill. It was either a \$50, \$20 or \$10 bill. Maybe a \$5. Please return it to me. Thanks in advance. ++Eleven club members drove to Des Moines to participate in the Midwest Tandem Rally. ++Greg Lakebrink finished third in the Bicycle Across Missouri ride and first in his age group. An excellent showing for a difficult ride. ++Jim Hajek was rider of the month. In a belated note, Garland Stevens earned that distinction in August, only his second month with SBC.

1997–10 Years Ago: The SBC celebrated its 25th CCC with 515 riders. Good weather, good food, good everything. ++The Yellow Bike Program (remember those?) was in the planning stage, with discussions among the SBC, City Hall and police. ++Joe Angermeier led the SBC with the most miles ridden (2621), leading Theresa DeLeon by only 10 miles and Cathy Yeaman by 12.

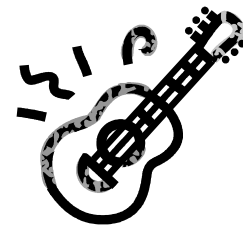


*Roger and Hope Schnelten Invite You
To the 29th Annual Oktoberfest*

*Sunday, October 7th
245 Circle Drive, Springfield
217-529-0780*



- Brats, burgers, beer, soda and hot drinks provided
- 29 mile bike ride (with shorter options) begins at 3pm
- (ride 15 miles or more and get a chance to win a Major Award!)
- Grills fired up at 3 – food should be ready by 5.
- Side dishes welcome
- Lawn chairs and car pooling suggested.
- Music by Antone and Wick at 4:30pm
-
- Bonfire at dusk.



Please join us!



Springfield Bicycle Club
Membership Application

Member

Member Information

New Member Renewing Member Change Address

Name _____ Home Phone _____

Address _____ Work Phone _____

City _____ Birth Date _____

State _____ Zip _____ Email Address _____

I obtained my application from: _____ I would like to help with SBC activities

Bike Shop Name _____ Yes

A current Club member No

Type of Membership

Individual \$15/yr Family \$20/yr Contributing \$25/yr

Sustaining \$50/yr Patron \$100/yr Corporate \$100/yr

Dollars beyond basic \$15 or \$20 rate from Contributing, Sustaining, and Patron memberships go to your choice:

Bicycle Advocacy Fund SBC General Fund

My Advocacy Donation Amount is: _____

Family Member Information

The SBC presents yearly awards for the most "club miles" in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1 _____ Birth Date _____

Name 2 _____ Birth Date _____

Name 3 _____ Birth Date _____

Name 4 _____ Birth Date _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature _____

Date _____

Parent / Guardian _____

Date _____

Official SBC Name Badges

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$11.00 dollars** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

Mail with Check to:
Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705



SPRINGFIELD BICYCLE CLUB 2007 MILEAGE SUMMARY



MONTHLY								
MONTH	RIDE	T/F	TOTAL	#RIDES	#RIDERS	LED	#RIDERS	AVG
	MILES	MILES	MILES				PER	RIDE
January	4,578	735	5,313	183		4		29.03
February	1,343	192	1,535	90		3		17.06
March	16,236	1,154	17,390	702		12		24..77
April	20,167	1,975	22,142	849		2		26.08
May	29,516	1,183	30,699	1,084		10		28.32
June	32,261	1,570	33,831	1,051		20		32.19
July	38,052	2,274	40,326	1,207		25		33.41

CUMULATIVE								
MONTH	RIDE	T/F	TOTAL	#RIDES	#RIDERS	LED	#RIDERS	AVG
	MILES	MILES	MILES				PER	RIDE
January	4,578	735	5,313	183		4		29.03
February	5,921	927	6,848	273		7		25.08
March	22,157	2,081	24,238	975		19		24.86
April	43,400	4,056	47,456	1,867		21		25.42
May	73,523	5,239	78,762	2,969		38		26.53
June	106,188	6,809	112,997	4,039		58		27.98
July	147,642	9,123	156,765	5,356		83		29.27



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September, 2007

Please note: Be sure to check the renewal date on your address label. If the date is **HIGHLIGHTED**, please fill out and return the renewal form along with your check. This will help to keep your membership information current and up to date. **You will get only one newsletter after your renewal date.** Note: 'AT' replaces @ in all email addresses given below to protect our board members from spamming.

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789-4823
president(at)spfldcycling.org

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Ken Anderson
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Recording Secretary

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QUICK RELEASE ADVERTISEMENT RATES

Half Page \$20 Full Page \$40

Payment in advance is required for all business ads. Ad copy should be sent to the newsletter editor no later than the 12th of the month in order for the ad to appear in the following month's newsletter. Individual club members (excluding businesses) may list bicycling related items to buy or sell without charge.